

Other Community Care Services

- ◆ Home Care Packages
- ◆ Social Support - Groups
- ◆ Social Support - Individuals
- ◆ In-Home Support Program
- ◆ Limani Dementia Respite Program
- ◆ Volunteer Support Program
- ◆ Home Safety and Security
- ◆ Housing and Emergency Relief
- ◆ Community Visiting Scheme

Other useful contacts

Aged Care Complaints Commissioner

Ph: 1800 550 552

Aged Right Advocacy Services (ARAS)

Ph: (08) 8232 5377

Alzheimer's Australia

Ph: (08) 8372 2100 or 1800 100 500

Carer Gateway Ph: 1800 422 737

Carers SA Ph: 1800 242 636

Catalyst Foundation Ph: (08) 8168 8776

Commonwealth Respite & Carelink Centres

Business hours Ph: 1800 052 222

Outside business hours Ph: 1800 059 059

Disability Rights Advocacy Service Inc.

Ph: (08) 8351 9500

My Aged Care Ph: 1800 200 422

**For further information
contact the
Carer Coordinator
Community Care Services**

**282 Waymouth Street
Adelaide SA 5000**

Ph: (08) 7088 0500

Fax: (08) 7088 0514

www.gocsacommunitycare.com.au

*We rely on your feedback to
improve our services and welcome
your comments.*

*To make a compliment, suggestion
or complaint contact us on the
above details.*



Australian Government
Department of Health



**GREEK ORTHODOX COMMUNITY
OF SOUTH AUSTRALIA INCORPORATED**
ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΗ ΚΟΙΝΟΤΗΤΑ ΝΟΤΙΑΣ ΑΥΣΤΡΑΛΙΑΣ

CARER SUPPORT PROGRAM



*“One person caring about another
represents life’s greatest value”*

<Jim Rohn>

Who Are Carers

Carers are family members or friends who provide support to children or adults who have a disability, mental illness, chronic condition or are frail aged and are unable to look after themselves.

Program Aims

To offer the Carer an opportunity to take a break from their caring role.

To provide Carers with a safe, relaxed, caring and friendly environment.

To promote a positive experience with the opportunity for social interaction whilst sharing a common ground.

To provide training and information sessions to support their caring role.

The Carer Support Program provides:

- ◆ Support for carers through monthly meetings.
- ◆ Information sessions
- ◆ In Home or Telephone support and assistance
- ◆ Referring and linking to appropriate services.
- ◆ Advocacy
- ◆ Outings throughout the year

Respite hours can be organised for the Carer recipient whilst the carer attend the program.

Transport can also be arranged for the Carer to attend the program.



Who Is Eligible

Anyone of a Greek heritage who is responsible for:

- ◆ family member
- ◆ friend
- ◆ someone who is frail aged
- ◆ someone who has dementia or memory loss
- ◆ someone who has a physical, intellectual or mental health disability
- ◆ someone with an illness requiring assistance with daily living

Carers also need to be residing within the following council areas of:

- ◆ Campbelltown
- ◆ Charles Sturt
- ◆ Marion
- ◆ Mitcham
- ◆ Norwood Payneham & St Peters
- ◆ Playford
- ◆ Port Adelaide / Enfield
- ◆ Prospect
- ◆ Salisbury
- ◆ Unley
- ◆ West Torrens