

Other Community Care Services

- ◆ Home Care Packages
- ◆ Social Support - Groups
- ◆ Social Support - Individuals
- ◆ In-Home Support Program
- ◆ Carer Support Program
- ◆ Volunteer Support Program
- ◆ Home Safety and Security
- ◆ Housing and Emergency Relief
- ◆ Community Visiting Scheme

Other useful contacts

Aged Care Complaints Commissioner

Ph: 1800 550 552

Aged Right Advocacy Services (ARAS)

Ph: (08) 8232 5377

Alzheimer's Australia

Ph: (08) 8372 2100 or 1800 100 500

Carer Gateway Ph: 1800 422 737

Carers SA Ph: 1800 242 636

Catalyst Foundation Ph: (08) 8168 8776

Commonwealth Respite & Carelink Centres

Business hours Ph: 1800 052 222

Outside business hours Ph: 1800 059 059

Disability Rights Advocacy Service Inc.

Ph: (08) 8351 9500

My Aged Care Ph: 1800 200 422

For further information contact the DRP Coordinator Community Care Services

**Ridleyton Greek Home for the Aged
89 Hawker St, Ridleyton**

Ph: (08) 8245 5525

www.gocsacommunitycare.com.au

Time

Mon. to Fri 10.00am to 2.30pm (Closed on PH)

Cost

\$10 per session

Transport

to be negotiated.

Counselling

Counselling is available to clients & Carers of Limani by a qualified Greek speaking Counsellor

We rely on your feedback to improve our services and welcome your comments.

To make a compliment, suggestion or complaint contact us on the above details.



GREEK ORTHODOX COMMUNITY
OF SOUTH AUSTRALIA INCORPORATED
ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΗ ΚΟΙΝΟΤΗΤΑ ΝΟΤΙΑΣ ΑΥΣΤΡΑΛΙΑΣ

LIMANI DEMENTIA RESPITE PROGRAM



***My Home, My little Home,
A little House of My Own***



Supported by the Australian Government Department of Health

Limani Dementia Respite Program

The Limani Dementia Respite Program (DRP) is a stimulating, culturally and linguistically appropriate centre based day care program.

It is for people from a Greek speaking heritage with memory loss and/or confusion, depression and social isolation who reside in the community.

It also assists carers to have a break from their caring role.

Objectives

- To provide a holistic, person centred approach with a Montessori-Dementia model.
- To maintain and promote activities of daily living, a sense of security and self-worth in a safe and caring environment that is culturally appropriate.
- To enhance the quality of life, self-esteem, dignity and respect while preserving privacy and confidentiality of families.
- To raise awareness within the Greek Community of the impact of dementia and issues of memory loss and confusion.

The program aims to:

- Offer the carer an opportunity to take a break from their caring role.
- Assist families and carers to better manage caring for someone with memory loss and/or confusion.
- Provide carers with a safe, relaxed, caring and friendly environment.
- Promote a positive experience with the opportunity for social interaction whilst sharing a common ground.
- Provide training and information sessions for carers to support their caring role.



Eligibility

To access this support, contact **My Aged Care**, telephone 1800 200 422 (you can request an interpreter if you require one) or visit their website www.myagedcare.gov.au or contact GOCSA on **7088 0500** and we will assist you by referring and registering your details on MAC on your behalf.

They may also need to do a home assessment.

My Aged Care can help you decide what level of support you need and refer you to an agency.

If you would like to access the Greek Orthodox Community Care Services, please let My Aged Care know.

My Aged Care will send the referral out to us and upon receiving it we contact you and commence services.

The Limani Program makes referrals to GOCSA Carer Support Program