

## Other Community Care Services

- ◆ Home Care Packages
- ◆ Social Support - Groups
- ◆ Social Support - Individuals
- ◆ Limani Dementia Respite Program
- ◆ Carer Support Program
- ◆ Volunteer Support Program
- ◆ Home Safety and Security
- ◆ Housing and Emergency Relief
- ◆ Community Visiting Scheme

### Other useful contacts

#### Aged Care Complaints Commissioner

Ph: 1800 550 552

#### Aged Right Advocacy Services (ARAS)

Ph: (08) 8232 5377

#### Alzheimer's Australia

Ph: (08) 8372 2100 or 1800 100 500

#### Carer Gateway Ph: 1800 422 737

#### Carers SA Ph: 1800 242 636

#### Catalyst Foundation Ph: (08) 8168 8776

#### Commonwealth Respite & Carelink Centres

Business hours Ph: 1800 052 222

Outside business hours Ph: 1800 059 059

#### Disability Rights Advocacy Service Inc.

Ph: (08) 8351 9500

#### My Aged Care Ph: 1800 200 422

### For further information contact the In Home Support Coordinator Community Care Services

282 Waymouth Street  
Adelaide SA 5000

T: (08) 7088 0500

F: (08) 7088 0514

[www.gocsacommunitycare.com.au](http://www.gocsacommunitycare.com.au)

*We rely on your feedback to improve  
our services and welcome your  
comments.*

*To make a compliment, suggestion  
or complaint please contact us on  
the above details.*



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## IN-HOME SUPPORT SERVICES PROGRAM



*"Promoting independence  
through health and wellbeing."*

## What is In Home Support?

In-Home Support Services Program is designed to improve or maintain people's capacity to manage everyday activities in a safe, secure and healthy home environment.

The focus of the care plan is around regaining skills.

### The program includes:

- Light domestic duties
- Annual Spring Cleaning
- Escorting the person to do their shopping, pay bills, attend medical appointments
- Escorting the person to a Centre based program for social interaction, physical activity that improves their strength capacity & confidence.

### Cost

The Coordinator will discuss the cost of the service at the Assessment. No one will be denied a service simply on the grounds of incapacity to pay.

## Home and Garden Maintenance

The program provides assistance and advice to help people maintain a safe, habitable and healthy home environment

The services provided include repairs and modifications to assist people to manage their disabling condition to move safely around their home.

### Scope:

- Minor safety repairs
- Installation of small mobility aids, grab rails, ramps, shower rails.
- Minor plumbing jobs.
- Electrical such as changing light bulbs.
- Garden tidy rubbish removal, dumping. *Fees apply for the rubbish to be removed (one load per annum)*
- Changing smoke alarm batteries.
- Installation of smoke detectors.
- Safety security locks.
- Organizing one off rubbish removal to improve safety
- Maintenance of the home and garden to ensure there are no health or safety risks.

There is a maximum of four (4) hours per financial year. All materials to be paid by the customer.

## Eligibility

To access this support, you will first need to register with My Aged Care, phone **1800 200 422** (you can request an interpreter if you require one) or visit their website **[www.myagedcare.gov.au](http://www.myagedcare.gov.au)** or give us consent to register on your behalf. They may also need to do a home assessment.

My Aged Care can help you decide what level of support you need and refer you to an agency of your choice.

You can request to access the Greek Orthodox Community Care Services by letting My Aged Care know.

My Aged Care will give you a reference number which you can provide us to commence your service.

