

Other Community Care Services

- ◆ Home Care Packages
- ◆ In-Home Support Program
- ◆ Limani Dementia Respite Program
- ◆ Carer Support Program
- ◆ Volunteer Support Program
- ◆ Home Safety and Security
- ◆ Housing and Emergency Relief
- ◆ Community Visiting Scheme

Other useful contacts

Aged Care Complaints Commissioner

Ph: 1800 550 552

Aged Right Advocacy Services (ARAS)

Ph: (08) 8232 5377

Alzheimer's Australia

Ph: (08) 8372 2100 or 1800 100 500

Carer Gateway Ph: 1800 422 737

Carers SA Ph: 1800 242 636

Catalyst Foundation Ph: (08) 8168 8776

Commonwealth Respite & Carelink Centres

Business hours Ph: 1800 052 222

Outside business hours Ph: 1800 059 059

Disability Rights Advocacy Service Inc.

Ph: (08) 8351 9500

My Aged Care Ph: 1800 200 422

**For further information contact
Social Support Coordinator
Community Care Services**

**282 Weymouth Street
Adelaide SA 5000**

T: (08) 7088 0500

F: (08) 7088 0514

www.gocsacommunitycare.com.au

***We rely on your feedback to improve
our services and welcome your
comments.***

***To make a compliment, suggestion or
complaint contact us on the above
details.***



GREEK ORTHODOX COMMUNITY
OF SOUTH AUSTRALIA INCORPORATED
ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΗ ΚΟΙΝΟΤΗΤΑ ΝΟΤΙΑΣ ΑΥΣΤΡΑΛΙΑΣ

SOCIAL SUPPORT PROGRAM



***"Keeping up with your
community connection"***



The Social Support Groups program

aims to:

- ◆ Link eligible participants to services such as centre-based day care programs.
- ◆ Support people to remain connected to their community via enjoyable and meaningful activities.

Activities support social inclusion, maintaining community connectedness.

Activities include:

- ◆ Shared lunches
- ◆ Group outings
- ◆ Education & Information on safety, condition awareness (diabetes, dementia), healthy eating etc.
- ◆ Entertainment via musical appreciation

Social Support - Individuals

The aim of the **Social Support - Individuals Program** is to link eligible consumers to support services, friendly visiting and transport via car to shopping or medical appointments.

Social Support Services are provided by a companion (paid worker or volunteer)

Cost: \$2.00

Eligibility

To access this support, contact **My Aged Care**, telephone 1800 200 422 (you can request an interpreter if you require one) or visit their website

www.myagedcare.gov.au or contact GOCSA on **7088 0500** and we will assist you by referring and registering your details on MAC on your behalf.

They may also need to do a home assessment.

My Aged Care can help you decide what level of support you need and refer you to an agency.

If you would like to access the Greek Orthodox Community Care Services, please let My Aged Care know.

My Aged Care will send the referral to us and upon receiving it we contact you and commence services.

Who do we provide Services to?

- ◆ Primarily older people with a Greek-speaking heritage.
- ◆ Older people who are physically frail and/or their carers.
- ◆ People who are socially isolated or live alone.
- ◆ People residing in the inner metropolitan area of Adelaide.

Location:

The Social Support Groups are held at different locations on a fortnightly/monthly basis between 10am and 1pm.

Cost of the Meal: determined by the Group.

- ◆ **Adelaide**
Olympic House, 288 Franklin Street.
- ◆ **Croydon**
Koimisis Church Hall, 1a William Street.
- ◆ **Goodwood**
Saint Constantine & Helen Church Hall, 1 Florence Street.
- ◆ **Thebarton**
St Nicholas Church Hall, 71 George Street.
- ◆ **Glandore**
Glandore Community Centre, 25 Naldera St.
- ◆ **Mitcham**
Mitcham Cultural Village, 242 Belair Road, Lower Mitcham
- ◆ **Salisbury**
St Johns Anglican Church, Church Street.
- ◆ **Thebarton**
Greek Pensioners, 44 - 48 South Road.
- ◆ **Keswick**
Greeks of Egypt, 56 Richmond Rd, Keswick
- ◆ **Welland**
The Cyprian Society, 6/8 Barrpowell St.
- ◆ **Torrensville**
Colossus Panrhodian Society, 148A Henley Beach Rd
- ◆ **Unley**
Ikaros House, 22 -24 Arthur St

We can assist eligible participants to access the Social Support Groups Program via Community bus, taxi and volunteers

Cost: \$2.00