

## Other Community Care Services

- ◆ Home Care Packages
- ◆ In-Home & Social Support
- ◆ Limani Social Support Group
- ◆ Social Support Groups
- ◆ Transport

## Other useful contacts

**Aged Care Quality & Safety Commission**  
Ph: 1800 951 822

**Aged Rights Advocacy Service (ARAS)**  
Ph: (08) 8232 5377

**Carers SA Australia** Ph: 1800 422 737

**Catalyst Foundation** Ph: (08) 8168 8776

**Commonwealth Respite and Carelink Centre** Ph: 1800 052 222

**Dementia Australia** Ph: 1800 100 500

**Disability Rights Advocacy Service Inc.**  
Ph: (08) 8351 9500

**My Aged Care** Ph: 1800 200 422

**SA Elder Abuse Prevention Phone Line:**  
Ph: 1800 372 310

**Translating & Interpreting Service**  
Ph: 131 459

## For further information contact the Volunteer Coordinator Community Care Services

**262 Franklin Street  
Adelaide SA 5000**

**T: (08) 7088 0500  
F: (08) 7088 0514**

[www.gocsacommunitycare.com.au](http://www.gocsacommunitycare.com.au)

*We encourage your feedback and  
welcome your comments to improve  
our services.*

*To make a compliment, suggestion or  
complaint please contact us on the  
above details.*

*If you have a concern you can also  
contact the:*

**Aged Care Quality & Safety  
Commission**

Ph: 1800 951 822

[www.agedcarequality.gov.au](http://www.agedcarequality.gov.au)



**Australian Government**  
Department of Social Services



Supported by  
**Government of South Australia**  
Department of Human Services



GREEK ORTHODOX COMMUNITY  
OF SOUTH AUSTRALIA INCORPORATED  
ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΗ ΚΟΙΝΟΤΗΤΑ ΝΟΤΙΑΣ ΑΥΣΤΡΑΛΙΑΣ

## VOLUNTEER SUPPORT PROGRAM



**MAKE A DIFFERENCE**

*Give some of your valuable  
time to help others who are in  
need.*

## Volunteer Vision Statement

The Greek Orthodox Community believes that Volunteering makes for a better world that enhances the well-being of both the volunteer and the client.

Volunteering is an expression of love, care and concern for each other and the environment that we live in.

A feature of volunteering is its reciprocity giving as well as receiving.

### **Aim**

To enable the frail aged person to experience and maintain optimum quality of life by participating in an activity program aimed at encouraging dignity and participation.

To expand the program by utilizing volunteer skills and expertise.

To educate the community through direct involvement and encouragement of cross flow of ideas.

## Who can Volunteer

- Anyone who has spare time
- People seeking work experience
- Retires who want to remain active
- Anyone who wants to make a difference

## Volunteering roles

We offer a variety of volunteer opportunities across the Community Care Programs:

- Volunteer Drivers to drive the community bus
- Assist with activities or in the kitchen at our Social Support Programs
- Assist clients to attend social activities
- Assist clients to do their shopping
- Accompany clients to medical or other appointments
- Assist with friendly visiting



## Volunteering and its Rewards

Volunteering is not just about giving – volunteers receive many rewards for their efforts including:

- Developing new skills
- Recognizing current skills as well as their services
- Making new friends and connections.
- Enhancing self – esteem and self – confidence
- Improving the quality of life for clients and people in the community
- Being part of a team
- Discovering new career opportunities
- Being part of an Organisation that is committed to working with older people and values volunteer contribution.
- Making a difference

***POLICE CLEARANCE IS REQUIRED***

***SOME OUT OF POCKET  
EXPENSES ARE REIMBURSED***